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Exposure to dysfunctional parenting and trauma events and posttraumatic stress profiles among a treatment sample with co-existing depression and alcohol use problems

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Running title: PTSD with depression and alcohol use.
Abstract

Background. Trauma exposure and posttraumatic stress disorder (PTSD) frequently co-exist with major depressive disorder (MDD) and alcohol use disorders (AUD), with the impact of this comorbidity usually studied as a dual disorder (i.e. comorbid PTSD and MDD or PTSD and AUD). This study explores trauma exposure, posttraumatic stress symptom severity and PTSD in people seeking treatment for co-existing depressive symptoms and alcohol use problems.

Design and Methods. Participants (N=221) with current depression and alcohol use problems were recruited. Trauma exposure, posttraumatic stress symptoms and PTSD were assessed using the Posttraumatic Stress Diagnostic Scale. The Measure of Parenting Style assessed dysfunctional parenting experienced as a child.

Results. Most participants had trauma exposure (71.6% n=159), with more than one third reaching DSM-IV criteria for current PTSD (38.0%, n=84). Unique to this study was that there were no gender differences in rates of trauma exposure, number of traumatic events, and PTSD. More severe posttraumatic stress symptoms and PTSD were associated with: childhood neglect; earlier onset of depression; more severe depression and alcohol problems; and lower general functioning. More severe problems with alcohol were related to Intrusion and Avoidance symptoms, while severe alcohol dependence symptoms were related to Hyperarousal.

Discussion and Conclusions. Posttraumatic stress symptoms and PTSD are highly prevalent in those with co-existing depression and alcohol use problems and associated with a history of childhood neglect and worse levels of comorbidity. Trauma, posttraumatic stress symptoms and PTSD
should be assessed and addressed among people presenting for treatment for co-existing depression and alcohol problems.

Introduction

Posttraumatic Stress Prevalence

Following a traumatic event, most people will experience feelings such as fear, sadness, guilt and anger, with some developing depression, anxiety or substance misuse problems (1). Specific trauma symptoms are grouped into three categories: re-experiencing the trauma event; avoidance and numbing in response to trauma reminders; and hyperarousal (anxiety) symptoms (2). The re-experiencing and hyperarousal symptoms are initially the most problematic (3) and if they continue over time, Posttraumatic Stress Disorder (PTSD) can develop (4). This is particularly so if the avoidance symptoms (specifically emotional numbing) persist, as this symptom cluster is the best predictor of PTSD development (5).

Exposure to at least one traumatic event across the lifetime is experienced by approximately 83% of men and 75% of women (6). The most common traumatic events reported by men are physical assaults (7), combat exposure and witnessing traumatic events (8) while women are more likely to experience rape and sexual molestation (8). Although men are more likely to report a greater number of trauma exposures (7) women are more likely to meet criteria for PTSD (9, 10). The lifetime prevalence rate for PTSD in Australia is 12.2% (15.8% for women and 8.6% for men) (11) although it is higher (up to 65%) (12) in at-risk populations such as combat veterans (13) and victims of sexual (8) or physical assault (7).
**PTSD and Depression**

PTSD in international and Australian community surveys has routinely been associated with high rates of major depressive disorder (MDD) (1, 14) with MDD occurring in approximately 50% of PTSD sufferers (15). PTSD co-exists with MDD more commonly in women, with one study reporting that 65% of women with a 12 month diagnosis of PTSD also had MDD (16). In comparison, another study found that 51.6% of men had this dual comorbidity (14).

This high comorbidity rate may be due to depressive symptoms being considered a reaction to a traumatic event (17). These symptoms (such as despair, dysphoria and withdrawal) are typically present within minutes or hours following exposure to a trauma event (3). Initial depression symptoms may be an important mediator in the development of chronic PTSD (18). MDD can also develop as a secondary disorder, in response to chronic and severe PTSD, and when these disorders co-occur their interaction amplifies dysfunction (19).

**PTSD and Alcohol**

Alcohol is the most commonly used substance among people with PTSD (24.1%), and people with PTSD are 5.2 times more likely to have an AUD (20) than the rest of the population. Men with PTSD are particularly likely to have a 12-month diagnosis of AUD (37.6%, compared with 12.4% of women) (14). Three main causal pathways are proposed to explain this co-occurrence (21). The first is that alcohol abuse develops as alcohol is used to manage or reduce PTSD symptomatology (self-medication) (22). The second is that alcohol abuse was present prior to the development of PTSD, and that it maintains PTSD by inhibiting psychological processing of the trauma event (thus preventing desensitization) (21). The third potential pathway involves at-risk drinking
increasing the chance of experiencing or witnessing traumatic events such as serious accidents or physical or sexual assaults (23).

**PTSD, Depression, Alcohol after exposure to dysfunctional parenting**

Traumatic events during childhood (neglect and physical and sexual abuse) have consistently been associated with psychiatric morbidity in later life (24). The severity of childhood trauma has been associated with PTSD, MDD (25, 26) and AUD in adults (27, 28). However, there has been limited research into the impact of dysfunctional parenting and the long-term impact it has on adult trauma exposure, depression and drinking. This is due to most studies researching the impact of dysfunctional parenting on psychological functioning in infants (29), children (30) and adolescents (31), rather than across adulthood. Other research on parenting style investigates the effect of when the parent has a mental illness (32) or alcohol dependence (27).

One study found that childhood experiences of dysfunctional parenting (neglect, affectionless over-control or abuse) were associated with depression and anxiety disorders as an adult (33). Another adult study found that lack of parental care (neglect) and maternal overprotection are associated with anxiety disorders and can contribute to psychological vulnerability (34). Maternal over-intrusiveness has also been associated with adverse psychosocial health in adolescents (35), whilst poor paternal bonds have been associated with depression (primary disorder) and alcohol abuse (secondary disorder) in young adults (36).

**PTSD and Multiple Comorbidity**

PTSD has predominantly been studied as a single disorder (28) or in terms of its co-occurrence with another single disorder (e.g. MDD (16) or AUD (37)). Few studies examine comorbidities involving PTSD and multiple disorders. Exceptions are some
large-scale population surveys (e.g. (38)) which necessarily use abbreviated assessments, and studies of high-risk groups such as war journalists (39) and terrorism survivors (40). The present study appears to be the first to report on rates of trauma exposure, posttraumatic symptoms and PTSD among an otherwise unselected sample of people seeking treatment for co-existing depression and alcohol use problems. This study assessed trauma exposure, posttraumatic symptoms and PTSD among participants recruited into the DAISI (Depression and Alcohol Integrated and Single focused Interventions) trial (41). It examined relationships between the severity of depressive and alcohol problems, and histories of exposure to dysfunctional parenting and later trauma, severity of posttraumatic symptoms, and occurrence of PTSD. We predicted that in participants with co-existing depressive and alcohol problems, those with more severe posttraumatic stress symptoms and/or PTSD would report: (i) higher levels of dysfunctional parenting during childhood, and (ii) more severe depressive symptoms and alcohol issues (greater alcohol consumption, more severe problems and dependence) and poorer functioning.

**Methods**

**Participants**

As previously described (41) participants were recruited in Newcastle and Brisbane (Australia) through a range of treatment agencies and via media advertisements. Inclusion criteria were: (a) ≥ 16 years of age; (b) current depressive symptoms (score ≥ 17 on the BDI-II); (c) and consuming alcohol at harmful levels as determined by the Australian National Health and Medical Research Council’s (2001) drinking guidelines. Potential participants were excluded if they: (i) were currently diagnosed with a psychotic disorder; (ii) reported a history of traumatic brain injury (due to DAISI being
a Cognitive Behaviour Therapy study); (iii) lacked fluency in English; or (iv) lived too far away to attend sessions.

Procedure
Two 1-hour assessment appointments (one week apart) were made. Appointments for the initial treatment session were made at the second assessment session. Participants received AUD$20 as reimbursement for travel costs.

Measures
Trauma exposure, posttraumatic stress symptom severity and PTSD were measured by the Posttraumatic Diagnostic Scale (PDS) (42). The Measure of Parenting Style (MOPS) (33) assesses experiences of dysfunctional parenting during childhood, with the separate scales of ‘Indifference’ (neglect), ‘Over-control’ (affectionless control) and ‘Abuse’ from both parents. There are no normative mean scores, although anxious and depressed groups have higher scale scores compared to non-clinical samples (33). Depression symptoms were measured by the Beck Depression Inventory (BDI-II) (43). The Structured Clinical Interview for DSM-IV -TR (SCID) (44) was administered to diagnose lifetime and current MDD and AUD. Alcohol problems were measured with the Alcohol Use Disorders Identification Test (AUDIT) (45) and severity of alcohol dependence was measured by the Severity of Alcohol Dependence Questionnaire (SADQ-C) (46). Alcohol consumption (both weekly and binge drinking) was assessed by a Timeline Follow Back (TLFB) focusing on the previous two weeks (47). General level of functioning was determined by the Global Assessment of Functioning (GAF) (48).
**Statistical Analysis**

The Newcastle and Brisbane data sets were compared with each other to identify any differences. A significantly higher proportion of Newcastle participants experienced a natural disaster (31.8% vs. 12.2%; \( \chi^2 (1, N=159)=8.7, p=.003 \)) which was due to Newcastle participants experiencing an earthquake in 1989.

Preliminary analysis on the merged data sets showed that 57/278 (20.5%) of the sample did not complete the entire trauma assessment. Compared to Completers, Non-completers had significantly lower BDI-II (28.4 vs. 32.4; \( t=3.3, df = 209, p=.001 \)) and alcohol consumption (7.6 vs. 10.8 drinks; \( t=3.4, df = 209, p=.001 \)) scores. The most likely explanation for this effect was that Non-completers tended to nominate events that they did not consider traumatic (such as car accidents and the Newcastle earthquake) and thus declined to continue the trauma assessment. Participants with and without trauma experience were compared on gender, depression onset, depressive symptom severity, alcohol initiation, alcohol consumption and dependence, functioning, and experience of dysfunctional parenting. Correlations were conducted on trauma symptom severity and PTSD symptom clusters (combined No PTSD and PTSD groups). Enter, backward and stepwise regressions were then conducted on the strongest correlation results, with the final model confirmed by all three regressions. Planned comparisons and chi squares were used on the three study groups. Family-wise Bonferroni corrections were applied to the first two tests to control for the number of analyses. Rates of PTSD and trauma exposure are reported in percentages. Analyses were conducted using SPSS for Windows (version 17.0) (49).
Results

Sample Description

The DAISI trial had 278 participants at baseline (41). Two hundred and twenty-one participants completed assessments of trauma, with participants allocated to the three study groups of: (i) No Trauma, (ii) Trauma, No PTSD (referred to as No PTSD) and (iii) PTSD (see Figure 1).

Participants ranged from 20 to 73 years, with an average age of 45.2 years (SD 11.0). There were 113 men and 108 women. Over a quarter of the sample were single (27.6%, n=61), married (24.9%, n=55) or divorced (23.5%, n=52). The remaining quarter were widowed, separated or in a defacto relationship. Most participants were taking prescribed medication (61.2%, n=134), most commonly antidepressants (52.1%, n=14), anxiolytics (16.9%, n=37), anticraving medications (7.3%, n=6), antipsychotics (5.5%, n=12), and mood stabilizers (2.3%). Over half had not completed high school (53.0%, n=116), and 81.7% (n=179) left school by the age of 17 years. Following school, nearly a quarter (24.1%, n=52) had obtained a certificate, a further 15.7% (n=4) obtained a trade certificate, and 13.4% (n=29) had a bachelor degree. Over half worked part or full time (54.7%, n=120) and 46.6% (n=102) received welfare payments, with 78.4% (n=80) of welfare recipients reporting trauma exposure.

Most participants had experienced a traumatic event (71.6% n=159/221), with more than one third of the sample fulfilling DSM-IV criteria for current PTSD (38.0%, n=84/221). There were no gender differences in rates of trauma exposure, number of
traumatic events, number of trauma symptoms and PTSD. For the PTSD group, women had significantly more severe intrusion symptoms than men ($t(84)=2.9, p=.005$) (Table 1). Women were more likely to have experienced sexual assaults (68.4% vs. 23.8%; $\chi^2(1, N=159)=31.9, p<.001$) whilst a higher percentage of men experienced military or imprisonment-related trauma (25.0% vs. 3.8%; $\chi^2(1,159)=14.4, p<.001$) (see Table 1).

Insert Table 1 about here.

**Relationships with Parental Dysfunction**

Participants with PTSD had significantly higher Maternal and Paternal neglect scores than the No PTSD group (Maternal $F(1,214)=10.9, p<.01$; Paternal $F(1,214)=14.7, p<.001$) and the No Trauma group (Maternal $F(1,214)=17.2, p<.001$; Paternal $F(1,214)=20.10, p<.001$).

Table 2 displays the significant associations between parental dysfunction scores and other variables. As shown in the table, the strongest associations (i.e. $\geq 0.30$) were between posttraumatic symptoms (specifically, Avoidance and Hyperarousal) and severity of alcohol dependence with paternal neglect. Depression severity was most strongly associated with paternal over-control, while general functioning was most strongly associated with maternal abuse. Many other coefficients were 0.20 or above.

Regression analysis showed that maternal neglect predicted more severe Avoidance symptom severity ($R^2=.07, \Delta R^2=.06, F(1,128)=9.47, p=.003$). Paternal neglect predicted more severe Avoidance and alcohol dependence symptoms, ($R^2=.15, \Delta R^2=.13, F(2,111)=9.59, p<.001$). Maternal over-control predicted an earlier onset of depression, lower general functioning and drinking (on average) less across the week, ($R^2=.18,$
Paternal over-control predicted having more severe depression symptoms, ($R^2=.35$, $\Delta R^2=.12$, $F(1,116)=16.53$, $p<.001$). Maternal abuse was related to an earlier onset of depression and lower general functioning, ($R^2=.12$, $\Delta R^2=.10$, $F(3,129)=5.74$, $p=.001$) whilst paternal abuse was related to lower general functioning ($R^2=.09$, $\Delta R^2=.08$, $F(1,109)=10.34$, $p=.002$).

Insert Table 2 about here.

**Relationships with PTSD and PTSD symptom clusters**

Participants with PTSD had an earlier depression onset ($F(1,214)=6.5$, $p<.05$), poorer general functioning ($F(1,214)=17.0$, $p<.001$) and more severe alcohol problems ($F(1,214)=20.8$, $p<.001$) than those with No Trauma. The PTSD group also had more severe depressive symptoms and alcohol dependence than either the No PTSD (respectively, $F(1,214)=6.7$, $p<.05$; $F(1,214)=6.1$, $p<.001$) and No Trauma groups (respectively, $F(1,214)=9.8$, $p<.01$; $F(1,214)=13.2$, $p<.01$).

Table 3 shows associations between the severity of trauma symptoms and other variables. Especially noteworthy are associations between posttraumatic symptoms and the severity of both depression and alcohol dependence. Both the Avoidance and Hyperarousal clusters had Spearman Rho coefficients of 0.30 or more with depression severity and general functioning, as did Hyperarousal with severity of alcohol dependence.

Stepwise regression for PTSD symptom clusters found that Intrusions and Avoidance symptoms were related to depression severity and problems with alcohol, (Intrusions) ($R^2=.09$, $\Delta R^2=.08$, $F(2,152)=7.70$, $p=.001$) and (Avoidance) ($R^2=.13$, $\Delta R^2=.12$, $F$$...$
The Hyperarousal cluster was related to depression severity and alcohol dependence severity, \((R^2=.18, \Delta R^2=.17, F(2,142)=15.83, p<.001)\). In order to check whether the associations between posttraumatic and depressive symptoms may reflect an overlap of symptoms rather than co-occurring problems, we examined where the strongest association between these sets of symptoms were. There were a number of significant associations between the PTSD Hyperarousal and Avoidance clusters with depressive symptoms (in particular, agitation). The strongest associations were actually between the Avoidance cluster and the depressive symptoms of pessimism, punishment, indecision, concentration and tiredness (with Spearman Rho coefficients \(\geq 0.25, p\geq .003\)).

**Discussion**

This is the first study to show a high rate of trauma exposure and PTSD in a treatment seeking sample with co-existing depressive symptoms and alcohol use problems. Almost three quarters of participants (71.6%) reported a traumatic event, a third (33.9%) experiencing current trauma symptoms (No PTSD) and more than one third met diagnostic criteria for PTSD (38.0%). Of those who had experienced a traumatic event, 52.8% developed PTSD. This finding is important as it suggests that trauma exposure, posttraumatic stress symptoms and PTSD need to be screened for in people who present for treatment of co-existing depression and alcohol use problems. The prediction that individuals with more severe posttraumatic stress symptoms and PTSD would report higher levels of dysfunctional parenting in childhood was confirmed. Unique to the current study was the finding of the life-lasting detrimental contribution that experiencing dysfunctional parenting (specifically the effect of parental neglect) had on developing PTSD, depression and problems with alcohol in
later adulthood. In particular, this finding suggests that neglected children (acts of omission) may not be taught important life skills such as affect regulation, self control or progress through and achieve the goals identified in the first five or six stages of Erikson’s (developmental) Stages (50). These are skills typically taught to children by their parents and perhaps the lack of these skills in combination with feelings of abandonment and rejection (resulting from the neglect) (51) impact on adult self concepts (such as ‘I am unlovable’ and ‘I am worthless’). This then results in a vulnerability to developing chronic/severe PTSD, depression and subsequent alcohol problems across adulthood.

The impact on depression is also important to note as those with the dysfunctional parenting experiences had an earlier onset of depression, especially so for those who also had PTSD, as their first depressive episode was in their early 20’s rather than their mid 20’s. This subgroup of people then have a longer duration of depression, resulting in more frequent depressive episodes, shorter duration of remission times and a greater chance of depressive episodes (52).

These findings highlight the importance of good parenting practices being taught to parents who are in ‘at-risk’ groups (such as those with AUD and/or mental health issues). More practical support provided to these families (such as in-home support and visits from outreach services) may also be beneficial. Further research into the identification of evidence-based treatments for neglectful parents is also needed. One of the limitations of this study was that participants with trauma exposure were not asked how old they were when the event occurred. This prevented further investigations into the relationship between onset of PTSD with depressive symptoms and alcohol use problems, or between trauma exposure and these disorders. For these reasons, future
studies need to investigate the temporal relationship between trauma events, PTSD, depression and alcohol use problems.

Our prediction that PTSD and/or more severe posttraumatic stress symptoms would be associated with more severe depressive symptoms and alcohol problems was also confirmed. This finding is consistent with research on PTSD with depression (5, 17, 53) and PTSD with alcohol use (54-56). This study also showed that participants with PTSD also had an earlier onset of depression. Further analysis found that more severe depression symptoms were related to all three PTSD symptom groups. More severe problems with alcohol were related to more Intrusion and Avoidance symptoms, whilst more severe alcohol dependence symptoms were related to Hyperarousal.

Limited research has investigated the overlap of PTSD and depressive disorders and found that they are separate and distinct disorders (5, 19, 57). Most have looked at this overlap through either the diagnosis of the two disorders (19) or, as depression symptoms as a predictor for PTSD (18). This secondary analysis showed that there is a moderate overlap of the Avoidance cluster with some depressive symptoms. This analysis may add support to one study that found emotional numbing (or dysphoria) symptoms may not be unique to PTSD and this is what may contribute to PTSD and depression comorbidity (58).

These findings suggest that depressed treatment seekers who drink, may have a trauma history (including parental dysfunction) which makes them vulnerable to depression (secondary) or they had a milder depression and a subsequent trauma event. Regardless of the primary and secondary position, it is clear that the symptoms of these two disorders detrimentally interact with each other, resulting in significantly lower general functioning in a client population who already has impaired general functioning.
Unique to this study was that there were no gender differences in PTSD, depression and alcohol rates, and depression and alcohol dependence symptom severity. This finding may suggest that comorbidity affects men and women similarly, or that men with this three-way comorbidity are more willing to attend treatment, so that gender effects are minimal. Alternatively, women with PTSD may have higher rates of alcohol dependence. It also suggests that having this three-way comorbidity results in more severe psychiatric comorbidity and drinking may help manage this (Khantzian 1985) (in particular with the Hyperarousal symptoms) and is an avoidance coping strategy (Olff, 2007). Therefore, addressing the role of drinking in treating this three-way comorbidity would inform coping strategy enhancement.

**Conclusions**

Overall, the current study shows that PTSD, depressive symptoms and alcohol use problems commonly co-exist in a treatment population and that trauma exposure (including exposure to dysfunctional parenting) plays a role in the vulnerability and development of more chronic and severe depression symptoms and alcohol problems. The interrelationship between trauma and depression symptoms appears to reduce any gender differences in problems with alcohol and dependence. The symptom interrelationship between PTSD and depression also may be influenced by emotional numbing symptoms. It also appears that the impact of neglect (acts of omission) on adult psychiatric functioning is much longer lasting than what is currently researched (27, 29, 30). Therefore further research and attention needs to be directed to both neglected children and the impact of emotional numbing symptoms on psychiatric functioning and comorbidity. This multiple comorbidity also needs to be assessed and
addressed if services are to be maximally effective in meeting the needs of this complex group.

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References


Figures

Figure 1: Flow chart of participant assessment and classification process.
Table 1: Trauma events, PTSD and symptoms scores in a sample with co-existing depression and alcohol use problems (N=221)

<table>
<thead>
<tr>
<th>Study Event</th>
<th>Study Sample %</th>
<th>Significant Gender Differences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Experienced Trauma Event</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PTSD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trauma, No PTSD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No Trauma</td>
<td></td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Trauma Type</th>
<th>% of Men</th>
<th>% of Women</th>
<th>Study Sample %</th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other Traumatic Event</td>
<td>21.3</td>
<td>46.8</td>
<td>50.9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Serious Accident</td>
<td>50.0</td>
<td>45.6</td>
<td>47.8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Non-Sexual Assault</td>
<td>30.0</td>
<td>41.8</td>
<td>35.8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sexual Contact when &lt;18 yrs with someone who is5+ years older than them</td>
<td>21.3</td>
<td>46.8</td>
<td>34.0</td>
<td>$\chi^2 = 19.3^{***}$</td>
<td></td>
</tr>
<tr>
<td>Stranger Non-Sexual Assault</td>
<td>37.5</td>
<td>22.8</td>
<td>30.2</td>
<td>$\chi^2 = 4.1^{*}$</td>
<td></td>
</tr>
<tr>
<td>Life-threatening Illness</td>
<td>23.8</td>
<td>30.4</td>
<td>27.0</td>
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</tr>
<tr>
<td>Family Sexual Assault</td>
<td>10.0</td>
<td>40.5</td>
<td>25.2</td>
<td>$\chi^2 = 19.7^{***}$</td>
<td></td>
</tr>
<tr>
<td>Natural Disaster</td>
<td>22.5</td>
<td>22.8</td>
<td>22.6</td>
<td></td>
<td></td>
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<tr>
<td>Stranger Sexual Assault</td>
<td>11.3</td>
<td>30.4</td>
<td>20.8</td>
<td>$\chi^2 = 8.8^{**}$</td>
<td></td>
</tr>
<tr>
<td>Imprisonment</td>
<td>18.8</td>
<td>2.5</td>
<td>10.7</td>
<td>$\chi^2 = 11.0^{***}$</td>
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<tr>
<td>Military Combat</td>
<td>8.8</td>
<td>1.3</td>
<td>5.0</td>
<td>$\chi^2 = 4.7^{*}$</td>
<td></td>
</tr>
<tr>
<td>Torture</td>
<td>6.3</td>
<td>2.5</td>
<td>4.4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Most Bothersome</td>
<td>2.9 (2.0)</td>
<td>3.4 (1.8)</td>
<td>3.2 (1.9)</td>
<td></td>
<td></td>
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PTSD Criteria

<table>
<thead>
<tr>
<th>Criterion</th>
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</thead>
<tbody>
<tr>
<td>Criterion A</td>
<td>66.4</td>
</tr>
<tr>
<td>Criterion B</td>
<td>80.5</td>
</tr>
<tr>
<td>Criterion C</td>
<td>64.6</td>
</tr>
<tr>
<td>Criterion D</td>
<td>79.3</td>
</tr>
<tr>
<td>Criterion E</td>
<td>85.4</td>
</tr>
<tr>
<td>Criterion F</td>
<td>72.0</td>
</tr>
</tbody>
</table>

Trauma Assessments

<table>
<thead>
<tr>
<th>PDS</th>
<th>Mean (SD)</th>
<th>Mean (SD)</th>
<th>Mean (SD)</th>
<th>Males with PTSD</th>
<th>Females with PTSD</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of Symptoms</td>
<td>9.4 (5.4)</td>
<td>11.0 (4.3)</td>
<td>10.3 (5.0)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Symptom Severity</td>
<td>17.7 (12.7)</td>
<td>22.8 (12.4)</td>
<td>20.5 (12.6)</td>
<td>$t = 17.1^{***}$</td>
<td></td>
</tr>
<tr>
<td>Trauma events are ordered from highest to lowest frequencies experienced by the whole study sample</td>
<td></td>
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</tr>
<tr>
<td>Criterion A: Person witnessed or experienced an event that involved threatened death or serious injury, in which the person felt intense fear, helplessness or horror.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Criterion B: The event is persistently re-experienced through recollections, images, thoughts, dreams, and feelings.</td>
<td></td>
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<tr>
<td>Criterion C: Persistent avoidance of reminders of the trauma event and numbing of general responses.</td>
<td></td>
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<tr>
<td>Criterion D: Persistent symptoms of increased arousal (such as anxiety, irritability, and trouble sleeping).</td>
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<tr>
<td>Criterion E: Symptoms last longer than one month.</td>
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<td></td>
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<tr>
<td>Criterion F: Symptoms causing clinically significant impairment or distress in general functioning.</td>
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<td></td>
<td></td>
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<tr>
<td>* p &lt; .05 ** p &lt; .01 *** p &lt; .001 † compares PTSD group to the other sample study group nominated.</td>
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N = number in sample
% = percentage
SD = standard deviation

<table>
<thead>
<tr>
<th>Study N</th>
<th>% of Men</th>
<th>% of Women</th>
<th>Study Sample %</th>
<th>Significant Gender Differences</th>
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<tr>
<td>221</td>
<td>113</td>
<td>108</td>
<td>221</td>
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<tr>
<td>Intrusion Symptoms</td>
<td>4.7 (4.1)</td>
<td>6.6 (4.4)</td>
<td>5.4 (4.2)</td>
<td>t = 8.2***</td>
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<tr>
<td>Avoidance Symptoms</td>
<td>5.7 (5.0)</td>
<td>7.3 (4.9)</td>
<td>6.8 (5.0)</td>
<td>t = 10.2***</td>
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<tr>
<td>Hyperarousal Symptoms</td>
<td>6.1 (4.5)</td>
<td>7.3 (4.4)</td>
<td>6.6 (4.5)</td>
<td>t = 9.3***</td>
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Table 2 Spearman’s Rho correlations for parental dysfunction with PTSD, depression, general functioning and alcohol variables in a sample of co-existing depression and alcohol use problems (N=221)

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<tr>
<th></th>
<th>Maternal Neglect</th>
<th>Maternal Over-Control</th>
<th>Maternal Abuse</th>
<th>Paternal Neglect</th>
<th>Paternal Over-Control</th>
<th>Paternal Abuse</th>
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<td>.24**</td>
<td>.25**</td>
<td>.31***</td>
<td>.22*</td>
<td>.24**</td>
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<td>.18*</td>
<td>.20*</td>
<td>.18*</td>
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<tr>
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<td>.27**</td>
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<td>.32***</td>
<td>.18*</td>
<td>.23**</td>
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<tr>
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<td>.27**</td>
<td>.27**</td>
<td>.30**</td>
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<td>-.28***</td>
<td>.28***</td>
<td>.29***</td>
<td>.27***</td>
<td>-.20**</td>
<td>-.18*</td>
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<td>.25**</td>
<td>.25**</td>
<td>.27***</td>
<td>.30**</td>
<td>.23**</td>
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<tr>
<td>General Functioning</td>
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<td>-.25**</td>
<td>-.30***</td>
<td>-.27***</td>
<td>-.23**</td>
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<td>Weekly Drinking</td>
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<td>.37***</td>
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* p<.05  
**p<.01  
***p<.001